

Pedikarma – Detoxifying Foot Treatment

This five-step treatment begins with a neck and shoulder massage. An exfoliating foot buff is followed by a soak in a warm tub with mineral salts and tridoshic oils. A reflexology marma-point foot massage rejuvenates from the bottom up. Then comes the magic of the Kansa Vatikki, a small metal bowl, that relaxes and energetically rebalances the entire mind-body system, Massage with the Kansa bowl is said to draw heat, acidity, and negative energy away from the body. Your feet are then wrapped in warm towels and finished off with an application of Ubtan – an herbal blend of flours, grains and sandalwood that absorbs toxins released during the treatment.

90 Minute\$120
120 Minute with Detoxifying Scalp Treatment.....\$160

Detoxifying Hair & Scalp Treatment

Your face, head, neck, and shoulders are gently massaged, your scalp is tenderly stimulated with fingertips, and warm herbal rosemary, peppermint and juniper essential oils are applied to your hair & scalp which is then wrapped in warm towels. While the oil works its wonders, you will enjoy a hand and foot massage. Oils are washed from hair and scalp using a botanical shampoo. The essential oils hydrate, strengthen, and enhance manageability while detoxifying the hair shaft and scalp.

75 Minute\$ 85
120 Minute with Pedikarma.....\$ 160

Natural Spa Foot Treatment

Treat yourself to a truly pampering experience. Your pedicure starts with a warm soothing foot soak followed by a full exfoliation and manicuring of your toes. Then you are given a hot towel foot mask, which brings a cooling sensation to those tired feet. Calluses will be softened and buffed away. To finish you will receive a relaxing lower leg and foot massage, and your choice of polish.

75 Minute Classic Foot Treatment..... \$50
90 Min. Spa Treatment (paraffin included).....\$60
French Polish - Add-On\$7

Spa Foot Treatment/Manicure Package

Enjoy all the same relaxing benefits of our spa pedicure, with a Spa Manicure in this package.

Your spa manicure begins with a mini-whirlpool bath, cleaning and shaping of your nails. Then you are treated to a white tea tree mask, which ends with a hand and arm massage followed by polish.

105 Minute Classic Foot Treatment..... \$75
135 Min. Spa Treatment (paraffin included).....\$95
French Polish - Add-On Hands & Feet.....\$14

Spa Manicure

Your spa manicure begins with a mini-whirlpool bath, cleaning and shaping of your nails. Then you are treated to a white tea tree mask, which ends with a hand and arm massage followed by polish.

30 Minute Spa Manicure.....\$35
French Polish - Add-On\$7

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Sacred Stone Body Therapy

Sacred Stone Therapy creatively integrates the art of stone bodywork with the ancient science of Ayurveda. Every technique used during this 90-minute treatment has been thoughtfully designed to bring the body, mind and soul back into balance. For our bodies to function properly they must remain balanced. Much attention will be given to placing stones and healing crystals on the major chakras of the body. This treatment *integrates* the use of stones & touch with western & eastern massage techniques.

90 Minute Sacred Stone Therapy.....\$110

Raindrop Therapy

Raindrop therapy is a total treatment – positively affecting every organ system in the body at a cellular level. Nine therapeutic grade essential oils are applied directly to the spine in drops, then worked into the body using a combination of hot stones, massage and vitaflex techniques. The essential oils are absorbed into the blood stream within 20 minutes and the positive effects of this treatment can last up to a month. Essential oils have the amazing ability to detoxify and boost the immune system, directly affect the limbic system and stimulate the central nervous system. This beneficial treatment includes a full body massage

90 Minute.....\$120

Deep Therapy with Thermal Stamp

Inspired by the practices of 14th century Thai Therapy, this Thermal Body Therapy Treatment utilizes a unique fabric stamp filled with skin-benefiting ingredients and the power of heat to detoxify, re-mineralize, de-stress, exfoliate and relax. Natural earth clays draw out impurities while Tropical Asian Ginger and White Tea stimulate circulation and smooth skin. The deep manipulations along the pressure points and the meridian of the body relieve aching muscle tissue and work to rebalance the body.

90 Minute Deep Thermal Therapy.....\$135

Sacred Lomi

During Sacred Lomi, you will be embraced as an integrated whole being – your physical, emotional and energetic self. You will experience unconditional love and acceptance - Aloha - you are invited to be the recipient to completely let go and receive. The flowing, circular runs nurture and embrace, clearing out the old patterns and awakening the divine.

90 Minute.....\$110

120 Minute.....\$130

Lomi Lomi with Hot Shells & Sugar Exfoliation

Feel the benefit of this flowing Hawaiian massage and feel your satin smooth skin after a tropical sugar scrub exfoliation and hot shell treatment.

120 Minute.....\$150

Hot Stone Massage

Hot Stone Massage involves the application of water-heated basalt stones of varying sizes to key points on the body, giving a deep massage and creating sensations of comfort and warmth. The direct heat of the stones is applied to the body to melt away knots, tension and stress.

90 Minute Hot Stone Massage.....\$110

Rejuvenating Salt Glow

This treatment begins with a thorough face, scalp and neck massage, followed by a full body exfoliation using a rejuvenating therapeutic salt glow that is buffed onto your skin and removed with warm towels. Your freshly exfoliated skin will then be spritzed with an essential oil body spray for a finishing touch.

90 Minute.....\$110

Join the Massage Club

Purchase any of the same five treatments in advance and get the sixth one free