

Sherry O'Toole, RYT, graduated from Elizabeth Grady school of Aesthetics in Medford, MA in February 2000. After working in the field for 2 years she opened Abeona Aesthetics in Westminster, MA providing skin care services in a cooperative environment. In April of 2006 with her husband and daughter at her side, she transformed her one-woman Aesthetics practice into a 6,000 square foot Holistic Yoga Spa.

Her vision was to create a therapeutic facility with a tranquil atmosphere where clients can receive services and treatments to help achieve and maintain a healthy and balanced lifestyle. Whether your goal is to have a treatment or attend a class in the studio – be aware that the quiet surroundings will aid in putting you in a more peaceful state of mind! Sherry has had a long passion for yoga, is certified by Yoga Fit as an instructor and is 200 hour Yoga Alliance RYT Certificated. Sherry was certified through Central Mass Yoga Institute in West Boylston, MA. Sherry is also a certified Laser Technician.

Hillary Pauli became a Licensed Aesthetician in 2005, and since then has had various roles in the Skin Care industry. She has done extensive training in her previous positions as an Instructor/Trainer, most recently for, The International Dermal Institute and Dermalogica. She has a passion for Skin Health and overall Wellness. Hillary provides customized skin care services including, Skin Treatments, Threading, Waxing, and IPL Laser. Hillary continues to enhance her knowledge of how internal and external factors, especially Stress, affect the Skin, and it is her mission to provide relaxing services for the mind and body as well as a targeted treatments for the skin.

Carissa Towle is originally from Westminster; she lived and attended school in California for a period before eventually returning back to Massachusetts to focus on her true calling in skincare and makeup artistry. She graduated from Elizabeth Grady School of Esthetics in 2006, and specializes in facials, waxing, IPL laser hair removal, and makeup application. Carissa has a strong passion for makeup, and her goal has always been to listen to and truly understand her client's needs so that she can provide top-level service to get them looking and feeling their best. In her free time Carissa enjoys traveling, spending time with friends and family, as well as taking yoga and Pilates classes in-house at the spa's studio.

Catherine Brown Bio coming soon.

Alexis Dodridge Bio coming soon.